



## **NDIS Quality and Safeguards Commission NDIS participants**



The NDIS Commission wants to make things better for NDIS participants.

We want to:



protect your rights



 help other people know and understand your rights



help you receive good quality services



• keep NDIS participants safe



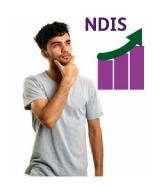
 stop people with disability from getting hurt



 see if NDIS providers are following the rules



- help NDIS participants, families and carers who feel:
  - o unsafe
  - unhappy with their services



• find ways to improve the NDIS.



We are independent – we work separately from other parts of the NDIS.

## **Speaking up**



Speaking up can help us make services and supports better for:

- you
- other people.



It is ok to complain about your services and supports. You have the right to tell us if you're not happy.



You can talk to your NDIS provider first.



You can ask someone you trust to help you.



You can ask an advocate to help you.

An advocate is someone who speaks up for you if you can't speak up for yourself.



We can help you if you don't know who to talk to.



We will try to fix problems by working with:

- you
- your NDIS provider
- workers.



We will keep anything you tell us private.

## Find out more



We have more information on our website about:

- the NDIS Commission
- what it means for you.



www.ndiscommission.gov.au



You can also call us.

1800 03 55 44

This is a free call from landlines.